

PRELIMINARY  
PROGRAM



# MSRM

International Meeting

How to increase  
success in IVF

25

SEPTEMBER 2015

27

HERAKLION


Atlantis Hotel

CRETE

[www.msrmmeetings.com](http://www.msrmmeetings.com)

**Abstract  
Submission  
Deadline  
July 31, 2015**

SECRETARIAT

 ERA Ltd.

17, Asklipiou Str., 106 80 Athens-Greece

Tel.: +30 210 3634944 • Fax: +30 210 3631690 • E-mail: [info@era.gr](mailto:info@era.gr) • Web site: [www.era.gr](http://www.era.gr)

Meeting Chairman: Professor Antonis Makrigiannakis (*Greece*)

### MSRM Executive Board

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 H. Sallam (*Egypt*)



### SCIENTIFIC COMMITTEE

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 I. Messinis  
 P. Drakakis  
 H. Sallam  
 T. Gurgan  
 L. Rienzi  
 T. Montrenko

### LOCAL ORGANIZING COMMITTEE

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 A. Velegrakis  
 K. Xanthakis

### FOREIGN

Aboulghar M. (*Egypt*)  
 Bokal E. (*Slovenia*)  
 Dattilo M. (*Switzerland*)  
 De Sutter P. (*Belgium*)  
 Feki A. (*Switzerland*)  
 Gurgan T. (*Turkey*)  
 Lockwood G. (*UK*)  
 Motrenko T. (*Montenegro*)  
 Radunovic N. (*Serbia*)  
 Rienzi L. (*Italy*)  
 Sallam H. (*Egypt*)  
 Tanos V. (*Cyprus*)  
 Veiga A. (*Spain*)  
 Vlaisavlevic V. (*Slovenia*)  
 Watrelot A. (*France*)

### GREEK

Agorastos T.  
 Christoforidis N.  
 Creatsas G.  
 Dafopoulos K.  
 Daponte A.  
 Deligeorgoglou I.  
 Drakakis P.  
 Fraidakis M.  
 Giakoumakis I.  
 Grimbizis G.  
 Kalantaridou S.  
 Klentzeris L.  
 Kollibiannakis S.  
 Limperis V.  
 Loutradis D.  
 Makrigiannakis A.  
 Mantoudis E.

Mastorakos G.  
 Mastrominas M.  
 Messinis I.  
 Papanikolaou E.  
 Rodolakis A.  
 Sfakianoudis K.  
 Sifakis S.  
 Siristatidis S.  
 Stefanos Th.  
 Tarlatzis B.  
 Tsakos E.  
 Vlachos N.  
 Vrachnis N.  
 Vrekoussis Th.  
 Zikopoulos K.  
 Zoumakis E.

Dear Colleagues and Friends,

On behalf of the MSRM Organizing Committee, we are honoured to invite you all at the **International Meeting of the Mediterranean Society for Reproductive Medicine (MSRM)** which will be held in **Crete, Greece** from **25<sup>th</sup> to the 27<sup>th</sup> September 2015**, at the **Aguila Atlantis Hotel in Heraklion, Crete**.

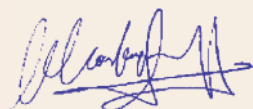
The theme of the Meeting is "**How to increase success in IVF**" and its main topics, will be:

- ANDROLOGY
- ENDOMETRIOSIS
- ENDOMETRIUM
- FERTILITY PRESERVATION
- HPV AND INFERTILITY
- HYSTEROSCOPY
- IMMUNOLOGY OF IMPLANTATION
- IMPLANTATION
- LAPAROSCOPY
- ORAL CONTRACEPTIVES
- OVARIAN STIMULATION
- P.O.F
- PCOS
- REPEATED IMPLANTATION FAILURE
- REPRODUCTIVE ENDOCRINOLOGY
- STEMM CELLS
- ULTRASOUND

Your participation will contribute to fulfill the expectations for a meeting of excellence and high scientific level in several fields of Reproductive Medicine and we invite all authors to submit abstracts related to the above topics.

As Heraklion is the capital of classical Crete, you will have the opportunity not only to attend a high-quality scientific meeting, but also to enjoy a late summer tour around the city with historical treasures, unique architecture and romantic atmosphere.

We are looking forward to welcome you all and to share with you all scientific and cultural experience.



**Professor Antonis Makrigiannakis**  
**MD PhD Meeting Chairman**

25  
SEPTEMBER 2015  
27

www.msrmmeetings.com

HERAKLION  
Atlantis Hotel

CRETE



**MSRM**  
International Meeting

How to increase success in IVF

## PRELIMINARY SCIENTIFIC PROGRAM

### Pre - Congress Course - CONTRACEPTION

FRIDAY 25 September

17:00-18:30	<p><b>ROUND TABLE 1</b> "Contraception: What is good clinical practice?" <i>Chairmen: Makrigiannakis A., Limperis V.</i></p> <p>Contraception options: New Generation Contraceptives      <b>Creatsas G.</b> Emergency contraception      <b>Siristratidis C.</b> Contraception in adolescence      <b>Deligeorgoglou E.</b> Contraception in perimenopause      <b>Dafopoulos K.</b></p>
18:30-19:00	COFFEE BREAK
19:00-20:30	<p><b>ROUND TABLE 2</b> "Combined Oral Contraceptives: Risks and Benefits" <i>Chairmen: Stefos T.</i></p> <p>Oral contraceptives and cancer risk      <b>Daponte A.</b> Oral contraceptives and carbohydrate metabolism      <b>Mastorakos G.</b> Oral contraceptives and cardiovascular risk      <b>Kalantaridou S.</b> Oral contraceptives and thrombosis risk      <b>Drakakis P.</b> Oral contraceptives and HPV      <b>TBA</b></p>
20:30-21:30	<p><b>OPENING LECTURE</b> <i>Chairman: Makrigiannakis A.</i> <i>Speaker: Sallam H.</i> "Violence against women - what the gynaecologist should know"</p>
21:00-21:30	<b>OPENING CEREMONY</b>
21:30	<b>WELCOME RECEPTION</b>

08:00- 09:00

**ORAL PRESENTATIONS***Chairmen:* Fraidakis M., Vrekoussis T.

09:00-10:15

**SESSION I***Chairmen:* Watrelot A., Zikopoulos K.

- The dilemma to choose the FSH starting dose in IVF **Aboulghar M.**
- Improving live births rates in poor responders. Stimulation protocol strategies. The role of hCG **Loutradis D.**
- How aggressive we need to be with luteal phase support. Progesterone, Estrogen, GnRh agonists or hCG? **Kolibiannakis S.**

10:15-11:30

**SESSION II***Chairmen:* Sallam H., Messinis I.

- What is the optimal approach for endometriosis in ARTpatients? **Feki A.**
- What is the optimal approach for severe adhesions, should be treated before IVF? **Watrelot A.**
- What is the optimal approach for Repeated Implantation Failure patients? **Makrigiannakis A.**

11:30-12:00

**COFFEE BREAK**

12:00-13:00

**SATELLITE SYMPOSIUM FERRING**

"The evolution of ART: Where can we make a difference?"

*Chairmen:* Makrigiannakis A., Sfakianoudis K.

- Biomarkers in the ART. Can they make the difference? **Christoforidis N.**
- hCG/ LH debate: Which component can make the difference? **Mantoudis E.**

13:00-14:00

**SATELLITE SYMPOSIUM MERCK SERONO***Chairmen:* Tarlatzis V., MastrominasM.TBA **Vlachos N.**TBA **Tsakos E.**

14:00-15:00

**LUNCH BREAK**

15:00-16:30

**SESSION III***Chairmen:* De Sutter P., Creatsas G.

- What is the effect of Stress in Reproduction **Zoumakis E.**
- What is the optimal approach for ovarian stimulation in PCO patients? **Messinis I.**
- The best options for the treatment of infertility in women with PCOS: A practical overview **Tarlatzis V.**
- Problems and complications during PCOS treatment of infertility **Gurgan T.**

16:30-17:45

**SESSION IV**

*Chairmen: Veiga A., Mastrominas M.*

- Different embryo transfer (DET) is bound to improve outcomes.  
Should we preserve oocytes or embryos? **Lockwood G.**
- Day 3 or Day 5 for embryo transfer? **Veiga A.**
- Should PGS be offered to all IVF patients? **Rienzi L.**

17:45-18:15

COFFEE BREAK

18:15-18:45

**MSD DEBATE**

"GnRH antagonist VS GnRH agonist protocol in IVF. Which are their advantages in ART today?"

*Chairman: Bokal E.*

- GnRH agonist protocol **Sfakianoudis K.**
- GnRH antagonist protocol **Papanikolaou E.**

18:45- 19:15

**KEY NOTE LECTURE**

*Chairman: Loutradis D.*

What is the optimal approach for IUI versus intercourse or IVF?  
**De Sutter P.**



08:00-09:00

**ORAL PRESENTATIONS**

*Chairmen:* **Giakoumakis I., Vrekoussis T.**

09:00-10:30

**SESSION V**

*Chairmen:* **Gurgan T., Vrachnis N., Sifakis S.**

- Sonography in human Reproduction. New methods for evaluation of infertile patients and early pregnancy **Radunovic N.**
- Reproducibility of Endometrium in ART patients **Vlaisavljevic V.**
- 2D and 3D evaluation of the uterine cavity? Is it enough. The role of hysteroscopy? **Motrenko T.**

10:30-11:00

**KEY NOTE LECTURE**

*Chairman:* **Messinis I.**

- The role of sperm chromatine in couple infertility and its sensitivity to dietary manipulation **Dattilo M.**

11:00 -11:30

**COFFEE BREAK**

11:30-13:00

**SESSION VI**

*Chairmen:* **Agorastos T., Drakakis P., Klentzeris L.**

- When is myomectomy is indicated in ART patients? **Tanos V.**
- What is the optimal approach for adenomyosis in ART patients? **Grimbizis G.**
- Fertility preservation: How to balance potential benefits versus risks **Rodolakis A.**
- HPV infection: Impact on infertility patients and possibility of prevention **Agorastos T.**

13:00

**CLOSING REMARKS**

**Makrigiannakis A.**



Crete, the island of king Minos in the southern part of the Aegean Sea, is full of natural beauties to explore and enjoy. Picturesque ports and sandy beaches with transparent waters will help you relax and at the same time discover the continuing fascination and attraction of the island. The temperature of the sea in September is ideal for swimming and Cretan beaches have been awarded the European blue flag for clean waters and care for the environment.

#### VENUE

The Meeting will be held in Heraklion, Crete at Atlantis Hotel.  
2, Iglas Street, Heraklion, 71 202 Crete, Greece  
Tel: +30 2810 229 103 • Fax: +30 2810 226 265 • Web site: [www.aquilahotels.com](http://www.aquilahotels.com)

#### DATES

The Meeting will be held on 25 - 27 September 2015.

#### KEY DATES

Deadline for <b>Abstract Submission</b> :	<b>July 31<sup>st</sup>, 2015</b>
Full payment for <b>Reservations</b> :	<b>September 1<sup>st</sup>, 2015</b>

#### SCIENTIFIC PROGRAM

The Scientific program consists basically of State of the Art Presentations, Round Tables, Lectures, Case Studies, Oral and Poster Presentations

#### CONTINUING MEDICAL EDUCATION

Application for CME accreditation will be introduced with the European Accreditation Council for Continuing Medical Education.

#### SCIENTIFIC PRESENTATIONS

The Meeting Hall will be equipped with slide projectors for single or double projections 50 x 50 mm slides (24 x 36 mm transparencies), overhead projector, Screen, Data display projector for Power Point presentation, laser pointers etc.

#### SLIDE AND PC RECEPTION

A slide and PC reception desk for acceptance and checking of slides and PC disks will be located nearby the Meeting Hall. All slides and PC disks should be clearly labeled with the author's name and session's name. Speakers are kindly requested to hand out their slides or their PC disks at least 2 hours prior to their respective presentation.

#### CERTIFICATE OF ATTENDANCE

A certificate of attendance will be given to each registered participant, at the end of the Meeting.

#### SECRETARIAT AND HOSPITALITY DESK

The Meeting Secretariat desk will be located nearby the Meeting Hall and will operate throughout the Meeting hours.

#### LANGUAGE

ENGLISH is the official language of the Meeting.





## CALL FOR ABSTRACTS

### INFORMATION FOR AUTHORS

The Scientific Committee invites authors to submit abstracts related to the below mentioned topics and to be considered for inclusion in the Scientific Program as Oral or Poster Presentations.

Participants wishing to contribute to the Scientific Program of the Meeting are kindly requested to submit their abstracts before **July 31<sup>st</sup>, 2015** together with the registration form and the registration fee of at least one author (Presenting).

**All abstracts must be submitted by e-mail: [info@era.gr](mailto:info@era.gr), and must be original and have not been published or presented at any previous conferences / meetings.**

The Scientific Committee will endeavour to schedule abstracts according to authors' preferences but reserves the right to decide on the final form of presentation.

### TOPICS

- ANDROLOGY
- ENDOMETRIOSIS
- ENDOMETRIUM
- FERTILITY PRESERVATION
- HPV AND INFERTILITY
- HYSTEROSCOPY
- IMMUNOLOGY OF
- IMPLANTATION
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- REPRODUCTIVE ENDOCRINOLOGY
- STEM CELLS
- ULTRASOUND

### ABSTRACT FORMAT

1. Size: The abstract should not exceed **250 words**.
2. Style: We recommend structuring the abstract into paragraphs, like **Background, Aims, Methods, Results, Summary / Conclusions**. The abstract must be typed in **English in Times New Roman 11pt** and will be adjusted in size for printing.
3. Please enter your information as follows:
  - a) Title: The title must be in capitals and should not exceed 20 words.
  - b) Authors' names: The name of the Presenting Author should be mentioned first underlined. Separate multiple authors with commas.
  - c) Institution(s): Abbreviate if necessary; full postal addresses are not required.
  - d) Background: A short introduction is needed to the background of the study. Limit information to the essentials. If you are referring to published work please cite it.
  - e) Aim: Please mention the aim of the study.
  - f) Methods: Give enough details for the reader to understand what techniques were used; include details of statistical methods.
  - g) Results: Results must be stated. If the method should ordinarily produce numerical data, then numbers must be presented with appropriate statistical results.
  - h) Summary/Conclusions.
  - i) References (up to three): Surname(s), initials, title of paper, volume, pages, and year.

The MSRM International Meeting is pleased to offer TWO awards to the two best Science Abstracts submitted for Oral or Poster presentation at this year's Meeting under any of the above mentioned topics.

The aim of these awards is to increase the level of basic science at the Meeting. Young investigators are in particularly encouraged to submit their work.

The prize winning abstracts will be selected by the Scientific Committee.

For more detailed instructions please contact the Meeting Secretariat by e-mail [info@era.gr](mailto:info@era.gr) or by telephone + 30 210 3634944.

**WEATHER AND DRESS**

The weather in Crete during the month of September is pleasantly warm, ideal for sight-seeing and swimming, with temperatures ranging from 20°C to 25°C. For all outdoor evening events, sweater or jacket will be necessary.

**LETTER OF INVITATION**

Persons requiring an invitation letter in order to attend the Meeting may write to the Meeting Secretariat. This procedure aims to assist participants who need to obtain a visa or permission to attend the Meeting and should not be considered as an official invitation covering fees or other expenses.

**PASSPORT & VISAS**

A valid passport is required for entry into Greece. Please consult the nearest Greek Consulate for specific details.

**TRAVEL TO CRETE**

There are daily flights to Heraklion international airport from almost all European cities. International delegates may need to fly through Athens (50 minutes flying time Athens to Heraklion). Heraklion has also daily ferryboat connections with Piraeus (approximately 7hrs trip). Please book your flights on time with Meeting Secretariat, ERA Ltd.

**ELECTRIC POWER**

Electric current in Greece is 220 / 240 AC / 50 Hz. The plugs have 2 or 3 round pins similar to those in many European countries.

**LIABILITY AND INSURANCE**

The Organizers cannot be held responsible for any claim concerning liability, personal damage, lost, theft, illness, non-appearance of speakers etc. We recommend participants and exhibitors to cover these risks by a respective insurance. The Program is subject to change without notice. In case of cancellation of the event the registration fees will be refunded. No additional claims will be accepted.

**TRADE EXHIBITION**

An exhibition of scientific products, pharmaceuticals, instruments, equipment and relevant materials will be organized at the Meeting Venue.

**REGISTRATION FEES**

Those wishing to attend the Meeting should complete the enclosed registration form.

**REGISTRATION (VAT INCLUDED)**

<b>General Participation</b>	<b>€ 246</b>
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*The registration fees for participants cover:*

- Access to the scientific sessions and exhibition
- Certificate of attendance
- Meeting material

**ACCOMMODATION PACKAGE**

<b>For All Participants</b>	<b>€ 200</b>
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*Rate includes: 2 nights accommodation bed & breakfast in single room, at the Atlantis Hotel*

## CANCELLATION AND PAYMENT CONDITIONS FOR REGISTRATION AND ACCOMMODATION PACKAGE

### CANCELLATION CONDITIONS

Cancellation requests must be made to the Meeting Secretariat in writing.

- For cancellation of registration, received by **August 4<sup>th</sup>, 2015**, a refund of the total fee, less 25% as administration charge, will be made. After that date refunds for registration will not be possible.
- For cancellation of accommodation package, received by **August 18<sup>th</sup>, 2015**, a refund of the total fee, less 50% will be made.
- After that date refunds for accommodation package will not be possible.

### PAYMENT CONDITIONS

- 50% of the accommodation package, payable to **ERA Ltd**, is required in order to confirm your Hotel Reservation
- Full payment for accommodation package should reach the Meeting Secretariat, not later than **September 1<sup>st</sup>, 2015**.

### METHOD OF PAYMENT FOR REGISTRATION / ACCOMMODATION PACKAGE

*Payment can be effected either:*

**a) By bank remittance stating the meeting's title, as well as the name of the participant:**

- To Alpha Bank to the order of **ERA Ltd** Account No: **101.00.2002044307**,  
IBAN Code: GR 660140 1010101002002044307

**Charges to be paid by sender**

*Please enclose a copy of transfer receipt with the form.*

**b) By major credit cards. Please complete the relevant information as described below.**

Written confirmation will be sent by **ERA Ltd**, upon receiving your Reservation form.

### WEB SITE

For the registration form and the most up-to-date information about the Meeting please visit the official website:

[www.msrmmeetings.com](http://www.msrmmeetings.com)

### SECRETARIAT AND TRAVEL AGENCY

*For all inquiries regarding:* Meeting Activities and functions, Registration, Letter of invitation, Accommodation and Travel Reservations, Technical Services, Exhibition, Sponsoring, please contact:



**ERA Ltd.**

17, Asklipiou Str., 106 80 Athens - Greece  
Tel.: +30 210 3634944 • Fax: +30 210 3631690  
E-mail: [info@era.gr](mailto:info@era.gr) • Web site: [www.era.gr](http://www.era.gr)

