

# Road Injury, Trauma and Rehabilitation

## 22 & 23 October 2015

### Greeting

Dear students, dear colleagues,

On the occasion of the closing of the "European Rehabil-aid project", the Laboratory of Health and Road Safety (LaHeRS) of the Technological Educational Institute of Crete and the Medical Schools of the Universities of Pavia and Hannover, organize the International Conference "Road Crashes, Trauma and Rehabilitation" with the participation of scientists and researchers from several Greek and foreign Universities and Hospitals.

Our main objective is to illustrate the different aspects, factors and parameters involved in road crashes as well as the post-crashes state of health and the rehabilitation of all the victims admitted in the Emergency Units of the Hospitals of Crete, Pavia and Hannover. This illustration of the aspects, factors and parameters in question, will be realized through the presentation of the results of the "European Rehabil-aid project", a study that has taken place in Greece, Italy and Germany, as well as through the presentation of the recorded experiences of orthopedic surgeons, doctors, nurses, psychologists, social workers and other specialized health professionals, operating in the field of trauma rehabilitation and post-traumatic care.

The Conference Curriculum will comprise presentations, work-shops and seminars for health professionals and students.

Additionally, within the effort of road-crash prevention, the work of prominent researchers in the field of driving psychology and drivers' behavior management, will be presented.

Hoping that we will do our best to present precious knowledge, necessary for the scientific community researching in the field of road crashes victims' health rehabilitation and care, we invite you in the Conference Hall of the Heraklion Chamber of Commerce, and we encourage you to read our papers and to actively participate in our events and work-shops, designed to raise public awareness and sensibility about our topic.

On behalf of the Scientific Committee

*Joannes Chliaoutakis, Maria Papadakaki*

#### Organisational Committee

Aggelopoulou Vassiliki  
Anipsitaki Marilena  
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Porter Bryan  
Papadakaki Maria  
Taubman Ben Ari Orit  
Tzamalouka Georgia  
Zacharopoulos Georgios

## Thursday 22 October 2015

08.30-09.00	<b>Registration</b>
09.00-09.30	<b>Welcome session</b> <ul style="list-style-type: none"> <li>• <i>Archbishop of Crete</i> Mr Erinaios</li> <li>• Prof. Evangelos Kapetanakis, <i>Rector of the TEI of Crete</i></li> <li>• Stavros Arnaoutakis, <i>Regional Governor of Crete</i></li> <li>• Lefteris Avgenakis, <i>Member of the Greek Parliament</i></li> <li>• Vasilis Kegkeroglou, <i>Member of the Greek Parliament</i></li> </ul>
<b>Round Table #1</b> <b>"The Rehabil AID project"</b>  <b>Chair</b> <b>Joannes Chliaoutakis</b> <i>Lab of Health &amp; Road Safety, Dept. of Social Work, TEI of Crete, Greece</i> <i>Coordinator of the Rehabil-Aid Project</i>	
09.30	"Overview of the REHABIL-AID Project" <b>Joannes Chliaoutakis</b> <i>Lab of Health &amp; Road Safety, Dept. of Social Work, TEI of Crete, Greece</i>
09.40	"Health outcome scales: description and evidence of the Rehabil road users cohort" <b>Ottavia E. Ferraro</b> <i>Department of Public Health, Experimental and Forensic Medicine, University of Pavia, Italy</i>
09.50	"The German investigation of long term follow up results of intensive care patients" <b>Dietmar Otte</b> <i>Accident Research Unit, Medical School, University of Hannover, Germany</i>
10.00	"Long term economic costs of severe injuries sustained in road traffic crashes: One year follow up of road traffic victims" <b>Maria Papadakaki</b> <i>Lab of Health &amp; Road Safety, Dept. of Social Work, TEI of Crete, Greece</i>
10.10	"Rehabilitation services after a road injury: suggestions and further questions" <b>Timo Lajunen</b> <i>Department of Psychology, Norwegian University of Science and Technology</i> <i>Traffic Research Center of Finland Ltd</i>
10.20	"A literature review and recommendations for road map of rehabilitation after a road traffic accident" <b>Türker Özkan</b> <i>Safety Research Unit, Department of Psychology, Middle East Technical University</i> <i>Traffic Research Center of Finland Ltd</i>

10.30	<b>Keynote Speech</b> “The Need of Injury Data: The German In-Depth Accident Study GIDAS as One Tool for the Description of Injury Pattern and Accident Circumstances” <b>Dietmar Otte</b> <i>Accident Research Unit, Medical School, University of Hannover, Germany</i>
11.00-11.30 <b>Coffee Break</b>	
<b>Round Table #2</b> <b>“Trauma Treatment and Rehabilitation”</b>  <b>Chairs</b> <b>Anestis Kioulpalis</b> <i>Venizeleio General Hospital, Heraklion, Greece.</i> <b>Stratis Chatzicharalampous</b> <i>Department of Health Promotion &amp; Prevention, Directorate of Primary Health Care, Ministry of Health, Greece</i>	
11.30	“Approach, assessment and treatment of multi-trauma patients sustaining injuries in road traffic crashes” <b>Nikolaos Yannakoudakis</b> <i>National Emergent Aid Center, Heraklion, Crete, Greece</i>
11.45	“Clinical protocols and guidelines on the treatment of children with severe trauma” <b>Giorgos Briasoulis</b> <i>Pediatric Intensive Care Unit, Faculty of Medicine, University of Crete, Greece</i>
12.00	“Hospital management of multi-trauma patients” <b>Katerina Vaporidi</b> <i>Pediatric Intensive Care Unit, Faculty of Medicine, University of Crete, Greece</i>
12.15	“Neurological predictors of patients’ outcome with acute traumatic brain injury” <b>Efmorfia Kondili</b> <i>Pediatric Intensive Care Unit, Faculty of Medicine, University of Crete, Greece</i>
12.30	“Real facts on rehabilitation care of traffic injured in Greece” <b>Xanthi Michail</b> <i>European Academy of Rehabilitation Medicine          TEI of Athens, Dept. of Physiotherapy, Greece</i>
12.45	“From the accident scene to the intensive care unit (ICU): Multitrauma patient treatment and the role of different medical specialties” <b>Evangelos Volakakis</b> <i>Intensive Care Unit, Venizeleio General Hospital, Heraklion, Greece</i>
13.15-14.00 <b>Lunch Break</b>	

14.00	<b>Keynote Speech</b> "Traffic Safety Culture: a holistic approach to promotion of safety and health" <b>Timo Lajunen</b> <i>Department of Psychology, Norwegian University of Science and Technology, Norway</i> <i>Traffic Research Center of Finland Ltd</i>
<b>Round Table #3</b> <b>"Injury Management and Prevention: A Policy Perspective"</b>  <b>Chairs</b> <b>Spyros Epitropakis</b> <i>Social Welfare Administration, Region of Crete, Greece</i> <b>Ioannis Tsikandilakis</b> <i>Heraklion Pharmaceutical Association, Greece</i>	
14.30	"Convergence or divergence of policies for the prevention and management of road traffic crashes and fatalities in primary health care" <b>Stratis Chatzicharalambous</b> <i>Department of Health Promotion and Prevention, Directorate of Primary Health Care, Ministry of Health, Greece</i>
14.45	"Mapping the RTCs impact on public health system of the 7 <sup>th</sup> health Region of Crete" <b>Anna Trichopoulou</b> <i>Health Region of Crete, Ministry of Health, Greece</i>
15.00	"The anatomy of prevention" <b>Charis Vavouranakis</b> <i>Heraklion Medical Association, Greece</i>
15.15	"Road accidents' pathway in the court room; civil and criminal liability of the parties involved" <b>Giorgos Geronimakis</b> <i>Board of the Heraklion Bar Association, Greece</i>
15.30-16.00 <b>Coffee Break</b>	
<b>Round Table #4</b> <b>"Road Safety and Injury Risk"</b>  <b>Chairs</b> <b>Ioannis Charonitis</b> <i>Board of Technical Chamber of Greece - Eastern Crete Section</i> <b>Manolis Koudoumas</b> <i>Electrical Engineering Department, TEI of Crete, Greece</i>	
16.00	"Positions of the Hellenic Institute of Transportation Engineers for Road Safety" <b>Anastasia Pnevmatikou</b> <i>HITE, Traffic &amp; Transport, Nea Odos S.A, Greece</i>

16.15	<p>“The road safety management in Greece”  <b>Alexandra Laiou</b>  <i>Department of Transportation Planning and Engineering, National Technical University of Athens, Greece</i></p>
16.30	<p>“Perspectives on Greece and Road Safety - an EU comparison”  <b>Luana Bidasca</b>  <i>European Transport Safety Council, Belgium</i></p>
16.45	<p>“Management of road traffic accident”  <b>Nikos Eliou</b>  <i>The Road Safety Observatory of the Technical Chamber of Greece  Civil Engineering Department, University of Thessaly  The Laboratory of Road Construction and Road Safety</i></p>
17.00	<p>“Road Crash: Consequences”  <b>Emmanouil Chrisos</b>  <i>Traffic Police Department, Heraklion</i></p>
17.15	<p>“The Hellenic police and the traffic accident: actions and responsibilities”  <b>Giorgos Eleftherakis</b>  <i>Traffic Police, Hellenic Police Headquarters</i></p>
<p>17.30-20.30  <b>Training Courses</b></p> <p>Free of charge - registration required</p> <p>Maximum number of participants: 40  Priority order maintained</p>	
<p>“Diagnosis and treatment approach of the neuropsychological and mental consequences of trauma”</p> <p><b>Charis Bastas</b>, <i>Psychiatrist, Greece</i>  <b>Sofia Tsiraki</b>, <i>Psychologist –Neuropsychologist, Greece</i>  <b>Maria Karataraki</b>, <i>Psychiatric Department of PAGNI General University Hospital, Heraklion, Greece</i></p> <p><b>Kastelakis Room</b></p>	<p>“How prevention reduces the cases of road traffic incidents: the concept of pre-hospital management of the injured”</p> <p><b>Evangellos Melidoniotis</b>, <i>General University Hospital, Heraklion, Greece</i>  <b>George Sotiropoulos</b>, <i>EKAB, PHTLS-TFR, Greece</i>  <b>Michalis Markakis</b>, <i>EKAB, PHTLS-TFR, Greece</i></p> <p><b>Karouzoz Room</b></p>

## Friday 23 October 2015

08.30-09.00	<b>Registration</b>
09.00	<b>Keynote Speech</b> “Family Climate for Road Safety among Young Drivers and their Parents as the Ground for Avoiding Injury in Traffic Crashes” <b><i>Orit Taubman Ben Ari</i></b> <i>The Louis and Gabi Weisfeld School of Social Work  Bar-Ilan University, Israel</i>
<b>Round Table #5</b> <b>“Road Injury :The victim’s perspective”</b>  <b>Chairs</b> <b><i>Michalis Zografakis - Sfakianakis</i></b> <i>Lecturer, Nursing Dept., TEI of Crete, Greece</i> <b><i>Vassiliki Danelli-Mylona</i></b> <i>President of Board of Directors, The Road Safety Institute Panos Mylonas, Athens, Greece</i>	
09.30	“Road Accident: The day after” <b><i>Mantha Ziogou</i></b> <i>Road Accident Victims’ Support Association – Road Safety Observatory, Rhodes, Greece</i>
09.45	“Traffic incidents: The Cretan reality” <b><i>Ioannis Lionakis</i></b> <i>E.SY.PRO.TA Voluntary organization of road accident prevention, Heraklion, Greece</i>
10.00	“Road Safety: A matter of education, culture and development” <b><i>Vassiliki Danelli-Mylona</i></b> <i>The Road Safety Institute Panos Mylonas, Athens, Greece</i>
10.15	“The social and economical consequences of road accidents for the families” <b><i>Stavros Polentas</i></b> <i>Panhellenic Association of Assistance and Solidarity for Families of Road Accident Injured , Greece</i>
10.30	“Post crash: trip into the dessert” <b><i>Giorgos Kouvidis</i></b> <i>Panhellenic Association SOS-Road Traffic Crimes, Greece</i>
10.45-11.15 <b>Coffee Break</b>	

**Round Table #6**  
**"Injury Prevention: The Role of Education"**

**Chairs**

**Ioannis Lionakis**

*President, E.SY.PRO.TA Voluntary organization of road accident prevention, Heraklion, Greece*

**Emmanuel Drakakis**

*Head of the School of Engineering, TEI of Crete, Greece*

11.15	<p>"Driving Simulation - based training scenarios for diverse driver populations"</p> <p><b>Pierro Hirsch</b>  <i>Virage Simulation Ltd., Canada</i></p>
11.30	<p>"Training of all traveler groups via the use of novel tools aiming at traffic accidents prevention and road safety promotion"</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p><b>Dr. Evangellos Bekiaris</b>  <i>Centre for Research and Technology Hellas (CERTH)  Institute of Sustainable Mobility and Transport Networks (HIT),Greece</i></p> </div> <div style="width: 45%;"> <p><b>Efmorfia Blana</b>  <i>Road Safety Department and Traffic Regulations General, Directorate of Road Traffic and Safety, Ministry of Infrastructure Transport and Networks, Greece</i></p> </div> </div>
12.00	<p>"Road Safety: Causes and prevention of Road Accidents"</p> <p><b>Diamantis Eliades</b>  <i>National Federation of Driving Instructors, Greece</i></p>
12.15	<p>"Injury risk in emerging adulthood: clusters of accident risk behaviours"</p> <p><b>George Kritsotakis</b>  <i>Dept. of Nursing, TEI of Crete, Greece</i></p>
12.30	<p>"The Greek educational system and the training of drivers"</p> <p><b>Eleftherios Michelakis</b>  <i>National Federation of Driving Instructors, Department of Heraklion, Greece</i></p>
12.45	<p>"Eco mobility and free mobility"</p> <p><b>Thanos Zafiropoulos</b>  <i>Ecocity, Urban nonprofit company Greece</i></p>
13.00	<p>"The MOBIHAVE pensum material. A tool to promote injury prevention in Greece"</p> <p><b>Georgia Tzamalouka</b>  <i>Lab of Health &amp; Road Safety, TEI of Crete and Medical Faculty of Athens, Greece</i></p>

13.15-14.15  
**Lunch Break**

14.15	<b>Keynote Speech</b> “Reducing psychosocial costs of road traffic crash injuries: Why? How? For Whom? What’s Next?” <b>Bryan Porter</b> <i>Department of Psychology, Old Dominion University, USA</i>
<p style="text-align: center;"><b>Round Table #7</b>  <b>“Psychosocial Rehabilitation in road traffic injuries”</b></p> <p><b>Chairs</b>  <b>George Kritsotakis</b>  <i>Dept. of Nursing, TEI of Crete, Greece</i>  <b>Maria Papadakaki</b>  <i>Lab of Health &amp; Road Safety, Dept. of Social Work, TEI of Crete, Greece</i></p>	
14.45	“Psychological and emotional effects of child trauma” <b>Katerina Bitzaraki</b> <i>Child Guidance Centre, Venizeleio General Hospital, Heraklion, Greece</i>
15.00	“Integrated healthcare for rehabilitation after injury” <b>Georgia Tzamalouka</b> <i>Lab of Health &amp; Road Safety, TEI of Crete and Medical Faculty of Athens, Greece</i>
15.15	“Addressing the post – traumatic stress using a driving simulator” <b>Stavroula Lioliou</b> <i>Lab of Health &amp; Road Safety, Dept. of Social Work, TEI of Crete, Greece</i>
15.30	<b>Interactive exercise</b> “Disability resulting from a car accident: Understanding the psychosocial needs of the victim and the family members” <b>Stavroula Lioliou, Maria Papadakaki</b> <i>On behalf of the Lab of Health &amp; Road Safety, Dept. of Social Work, TEI of Crete, Greece</i>
<p style="text-align: center;"><b>Round Table #8</b>  <b>“Nursing Diagnosis and Care in trauma patients/victims”</b></p> <p><b>Michalis Rovithis</b>  <i>Dept. of Nursing, TEI of Crete, Greece</i>  <b>Pinelopi Ntzilepi</b>  <i>Nursing Department, Intensive Care Unit, University Hospital, Heraklion, Greece</i></p>	
16.00	“Nursing care of injured patients, by road accidents” <b>Michalis Zografakis - Sfakianakis</b> <i>Dept. of Nursing, TEI of Crete, Greece</i>



16.15	<p>“The role and duties of the trauma team in the Emergency Department”  <b>Victoria Katsouli</b>, Louros Liberis  <i>Pediatric Surgery Clinic, General University Hospital, Heraklion, Greece</i></p>
16.30	<p>“Traffic Accident and Children: Nursing Care”  <b>Eirini Tsatsaraki</b>, Maria Liritsaki, Blevrakis Evangelos  <i>General University Hospital, Heraklion, Greece</i></p>
16.45	<p>“Mutitrauma management in Emergency Department Unit”  <b>Marina Karavitaki</b>, Katerina Lavrentaki, Panagiotis Fovakis, Maria Charitaki  <i>Venizeleio General Hospital, Heraklion Greece</i></p>
17.00	<p>“Airway management and assessment of the multitrauma patient”  <b>Eleftheria Markaki</b>, Stylianos Stavroulakis  <i>Department of Anesthesiology, Venizeleio General Hospital, Heraklion, Greece</i></p>
<p>17.30-20.30  <b>Training Course</b>  Principles of Basic Life Support (BLS) on Children</p> <p>Free of charge - registration required</p> <p>Maximum number of participants: 40  Priority order maintained</p>	
<p><b>Giorgos Briasoulis</b>  <i>Faculty of Medicine, University of Crete and Pediatric Intensive Care Unit,  General University Hospital, Heraklion, Greece</i></p> <p><b>Marianna Spanakis</b>  <i>Pediatric Intensive Care Unit,  General University Hospital Heraklion, Greece</i></p> <p><b>Karouzos Room</b></p>	

## **Participants:**

### **Bastas Charis**

*Psychiatrist, Heraklion, Greece*

### **Bekiaris Evangellos**

*Mechanical engineer, PhD, Research Director, Centre for Research and Technology Hellas (CERTH)*

*Institute of Sustainable Mobility and Transport Networks (HIT), Greece*

### **Bidasca Luana**

*Project Officer, European Transport Safety Council, Belgium*

### **Bitzaraki Katerina**

*Child Psychiatrist, Head of Child Guidance Centre of Heraklion, Venizeleio General Hospital, Heraklion, Greece*

### **Blana Efmorfia**

*Civil Engineer – Transportation, PhD, Road Safety Department and Traffic Regulations General, Directorate of Road Traffic and Safety, Ministry of Infrastructure Transport and Networks, Greece*

### **Briasoulis Giorgos**

*Professor, Head of Pediatric Intensive Care Unit, Faculty of Medicine, University of Crete, Greece*

### **Chatzicharalampous Stratis**

*Head of the Department of Health Promotion and Prevention, Directorate of Primary Health Care, Ministry of Health, Greece*

### **Charonitis Ioannis**

*Chair, Board of Technical Chamber of Greece - Eastern Crete Section*

### **Chliaoutakis Joannes**

*Head of the School of Health and Social Welfare, TEI of Crete, Coordinator of the Rehabilit-Aid Project*

### **Chrisos Emmanouil**

*Commander, Traffic Police Department, Heraklion Hellenic Police*

### **Danelli-Mylona Vassiliki**

*President of Board of Directors, The Road Safety Institute Panos Mylonas, Athens, Greece*

### **Drakakis Emmanuel**

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**Eleftherakis Giorgos**

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**Eliades Diamantis**

*Presidents, National Federation of Driving Instructors, Greece*

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*Coordinator, The Road Safety Observatory of the Technical Chamber of Greece*

*Professor, Civil Engineering Department, University of Thessaly*

*Director, the Laboratory of Road Construction and Road Safety*

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*Director of Social Welfare Administration, Region of Crete, Greece*

**Ferraro E. Ottavia**

*Junior Researcher, Centre of Study and Research on Road Safety, Department of Public Health, Experimental and Forensic Medicine, University of Pavia, Italy*

**Geronimakis Giorgos**

*Lawyer, Member of the Board of the Heraklion Bar Association, Greece*

**Hirsch Pierro**

*PhD, Director of Road Safety Research, Virage Simulation Ltd., Canada*

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*DPpsych, Clinical Psychologist, Scientific Fellow of Psychiatric Department of PAGNI General University Hospital, Heraklion, Greece*

**Karavitaki Marina**

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*President of European Academy of Rehabilitation Medicine*

*Immediate Past President of ESPRM and Past President of European Board of UEMS of Physical and Rehabilitation Medicine*

*Emeritus Professor of Rehabilitation Medicine, TEI of Athens, Dept. of Physiotherapy, Greece*

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*Driving and Traffic Education Instructor*

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**Porter Bryan**

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**Taubman Ben Ari Orit**

*Professor, the Louis and Gabi Weisfeld School of Social Work Bar-Ilan University, Israel*

**Tsikandilakis Ioannis**

*President of Heraklion Pharmaceutical Association, Greece*

**Trichopoulou Anna**

*Deputy Manager, Health Region of Crete, Ministry of Health, Greece*

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*Orthopedic Surgeon, President of Heraklion Medical Association, Greece*

***Volakakis Evangelos***

*Surgeon, Intensive Care Unit, Venizeleio General Hospital, Heraklion, Greece*

***Yannakoudakis Nikolaos***

*Head of National Emergent Aid Center, Heraklion, Crete, Greece*

***Zafiropoulos Thanos***

*Chair, Board of Ecocity, Urban nonprofit company Greece*

***Ziogou Mantha***

*General Secretary, Road Accident Victims' Support Association – Road Safety Observatory,*

*Rhodes, Greece*

***Zografakis – Sfakianakis Michalis***

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