

3rd SHARE CONGRESS Science in Heraklion Awareness in Respiratory and Sleep Evolution

29 June - 2 July 2023 HERAKLION CRETE

HOTEL IBIS STYLES HERAKLION CENTRAL



The Summer School will be accredited with 26 credits for Continuing Medical Education (CME-CPD credits) by the Panhellenic Medical Association

Under the auspices of









ΠΡΟΣΚΕΚΛΗΜΕΝΟΙ ΟΜΙΛΗΤΕΣ



STEFANO ALIBERTI Italy



MARIA BONSIGNORE Italy



OLIVER DISTILER
Switzerland



SERGIO HARARI Italy



ANNA HOFFMANN-VOLD Norway



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ALBERTO PAPI Italy



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Germany



NICOLAS ROCHE France



ANITA SIMONDS UK



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OMAR USMANI UK



ATHOL WELLS UK

The 3rd SHARE Congress: Science in Heraklion Awareness in Respiratory and Sleep Evolution is targeting to update medical doctors and researchers for the latest advancements of Respiratory and Sleep Breathing diseases. Our aim is to cover the current knowledge, with multidisciplinary discussions between Respiratory, Sleep, ICU and Primary Care Physicians, Rheumatologists, Cardiologists, Dermatologists, expert Radiologists, Internal Medicine physicians and Respiratory Nurses, in order to elucidate difficult for diagnosis and management clinical scenarios.

Moreover, novel methodology, such as tools for the invasive and noninvasive assessment of lung diseases such as COPD, Asthma, ILDs and Lung Cancer, along with the current knowledge across various forms of Sleep Breathing Disorders included the Non Invasive Ventilation use from the ward to ICU, will be presented by experts in the field. Novel advances regarding new drugs or compounds under investigation will be presented such as novel methodology dedicated to assessment of Respiratory and Sleep Breathing diseases.

The congress will provide the chance to medical doctors and professionals to meet Respiratory physicians experts in Respiratory and Sleep Medicine exchanging ideas, sharing experiences and developing the future in both clinic and research areas.

Course Directors



S. Schiza



N. Tzanakis



K. Antoniou

SCIENTIFIC PROGRAMME

THURSDAY 29 JUNE 2023

	Registrations
09:00 - 11:30	Research Seminar; from bench to bedside Chairs: K. Antoniou, E. Tsitoura
09:00 - 09:30	• A novel ATX inhibitor with dual action for the treatment of IPF: V. Aidinis
09:30 - 10:30	 SRC-mediated and TKS5-enabled podosome formation is an inherent property of IPF fibroblasts, promoting ECM invasion and pulmonary fibrosis: H. Barbagianni Circadian rhythm and Pulmonary Fibrosis: novel insights: E. Tsitoura The role of necroptosis in A549 cells transfected
	with surfactant A1 mutations: I. Tomos
10:30 - 11:00	Coffee Break
11:00 - 11:30	How research ideas translate to treatments of fibrotic lung diseases: L. Wollin
11:30 - 13:00	From PaP to NIV: indications, initiation, follow-up Chairs: S. Schiza, E. Zakynthinos, E. Kondili
	• How to implement NIV in the ward: which patient to which mode: M. Fanaridis
	 PaP/NIV for SBD and the role of digital health towards PROM's, lessons we learned from studies used real world data: l. Bouloukaki
	• The different approaches for NIV use in ICU: C. Alexopoulou
13:00 - 14:00	Light lunch
14:00 - 15:30	Lung Echo in Respiratory Medicine Chairs: N. Xirouchaki, I. Kalomenidis, G. Pitsidianakis
	• The value of Lung Echo on pleural effusions from diagnosis to medical thoracoscopy: I. Kalomenidis
	• Lung Echo in ICU: N. Xirouchaki
	Case finding study in ILDs: E. Symvoulakis
	• Rheumatic Diseases and Lung Echo: E. Vasarmidi

Discussants: N. Avgoustidis, A. Proklou

THURSDAY 29 JUNE 2023

15:30 - 16:00 Coffee Break

16:00 - 17:00 Emerging Methodologies in Respiratory medicine

Chairs: K. Antoniou, N. Tzanakis, S. Schiza

• Oscillometry: D. Toumpanakis

• Breath Analysis in ILDs: E. Tsitoura

• Genomic Classifier: S. Tomassetti

17:00 - 19:00 New era in Lung Cancer

Chairs: I. Lambiri, S. Aggelaki, A karantanas

• Radiotherapy and the Lungs: M. Tolia

• Sleep disorders and cancer: a bidirectional relationship?:

A. Pataka

• The patient's journey: G. Hardavella

Patient's Association "EY ZΩ"

Chairs: M. Tolia, A. Aggelaki

Unmet needs of cancer patients: M. Theodoridou

FRIDAY 30 JUNE 2023

Welcome - Greetings: N. Tzanakis, S. Schiza, K. Antoniou

09:00 - 09:45 Session 1: Airways & beyond Chairs: T. Vassilakopoulos, S. Schiza Personalizing medicine in COPD: N. Roche COPD- Obstructive Sleep Apnea Overlap Syndrome: the role of early diagnosis and of PaP intiation for better outcomes: J-L Pepin 09:45 - 11:00 **Keynote Lectures: COPD on the spot** Chairs: N. Siafakas, A. Corlateanou, N. Tzanakis • The evolving natural history of COPD: N. Roche Alpha-1 antitrypsin deficiency, still a challenge for the pulmonologist: M. Miravitlles **Grand Debate in COPD** Chairs: N. Tzanakis. N. Siafakas The role of ICS in COPD: Friend or foe? Friend: A. Papi Foe: M. Miravitlles Coffee Break 11:00 - 11:30 11:30 - 12:00 **Keynote Lecture** Chairs: W. Randerath, S. Schiza Obesity and the Lung: M. Bonsignore Session 2: Various forms of Sleep Breathing Disorders 12:00 - 13:30 Chairs: S. Schiza, J.-L. Pepin • New era in OSA: K. Vlami • What's new in OHS: P. Steiropoulos • Opiod use and Central Sleep Apnea: M. Bonsignore • "Growing up with neuromuscular disease on NIV": A. Simonds 13:30 - 14:00 **Keynote Lecture** Chair: S. Schiza State of the Art in Central Sleep Apnea- CSB: W. Randerath

Lunch Break

14:00 - 15:00

FRIDAY 30 JUNE 2023

15:00 - 15:45 Session 3: ILDs in Respiratory diseases and beyond

Chairs: Z. Daniil, D. Papakosta, I. Lambiri

• Diabetes and IPF: a bidirectional relationship? E. Xekouki

Invited Lecture

Chairs: E. Vasarmidi, Z. Daniil

• Just breathe: a review of sex and gender in chronic lung disease: A. Gogali

15:45 - 16:00 Coffee Break

16:00 - 17:30 Special Lectures

Chairs: T. Kontakiotis, I. Titopoulos Cryobiopsy in ILDs: big data: V. Poletti

Chairs: V. Poletti, K. Antoniou **UIP:** is it a diagnosis? A. *Wells*

Chairs: N. Tzanakis, S. Loukides

Challenging Dogma: Time to Move Away from FEV1: O. Usmani

17:30 - 18:00 Satellite Lecture

Guidotti Hellas

18:00 - 18.30 The grand debate:

Chairs: A. Antoniou, P. Sidiropoulos

Rheumatoid Arthritis: is it a lung disease?

PRO: A.Tzouvelekis

CON: A. M. Hoffmann - Vold

18:30 - 19:30 Session 4: Unmet needs in PH-ILDs

Chairs: A. Boutou, A. Wells

- Nocturnal Hypoxemia in ILDs: emerging data: G. Margaritopoulos
- New Guidelines in Pulmonary Hypertension: G. Pitsiou
- Phenotypes: I. Mitrouska, V. Stamatopoulou

19:30 - 20:00 *Satellite Lecture*



FRIDAY 30 JUNE 2023

20:00 - 20:30	Satellite Lecture Menarini Hellas	
20:30 - 20:45	 EEFIE Crete Why to study in the Medical School, University of Crete, Greece 	
20:45 - 21:15	Special Lecture/ Opening Ceremony Chairs: N. Tzanakis, S. Schiza, K. Antoniou, K. Gourgouliani Palliative care/End of Life work in chronic respiratory disease patients on ventilatory support: A. Simonds	
	Honorary award of Professor Nikolaos Siafakas	
	Welcome Reception	

SATURDAY 1 JULY 2023

Chairs: D. Kofteridis, E. Bibaki • ERS/ESICM/ESCMID/ALAT guidelines for the management of severe community-acquired pneumonia (sCAP): N. Rovina • The immunomodulatory effects of macrolide antibiotics in respiratory disease: P. Bakakos Discussant: D. Mavropanou O9:30 - 11:00 Chairs: K. Antoniou, S. Schiza • The new era in Bronchiectasis; Inflammatory endotypes in bronchiectasis: S. Aliberti • The Seven Pillars of small Airways Disease: O. Usmani • Biologics in COPD?: A. Papi 11:00 - 11:30 The grand debate: Chairs: K. Antoniou, A. Wells "Early" Treatment with antifibrotics in Scleroderma Lung: PRO: O. Distler CON: A. M. Hoffmann - Vold 11:30 - 12:00 Chair: S. Schiza • The role of Real World Data in Sleep breathing disorders related to CVD outcomes: JL. Pepin 12:00 - 13:00 Satellite Symposium ResMed 13:00 - 14:00 Satellite Lecture Roche 14:30 - 15:00 Satellite Lecture	08:30 - 09:30	Session 1: Infections	
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14:30 - 15:00 Satellite Lecture	13:00 - 14:00	Satellite Symposium GSK	
	14:00 - 14:30	Satellite Lecture Roche	
15:00 - 16:00 Lunch Break	14:30 - 15:00	Satellite Lecture	
	15:00 - 16:00	Lunch Break	

SATURDAY 1 JULY 2023

16:00 - 17:00 Chairs: N. Tzanakis, A. Simonds, W. Randerath

• Insomnia in Respiratory Diseases: is it worth it to be evaluated?: M. Basta

• Sleep breathing Diseases in Obstructive & Restrictive Diseases: C. Mermigkis

• New metrics in OSA severity classification: E. Kondili

17:00 - 18:00 Satellite Symposium



18:00 - 19:00 Satellite Symposium



Chairs: N. Tzanakis, E. Kosmas

Challenges around inhalation therapy in asthma and COPD:
 N. Roche

19:30 - 20:15 Asthma: From pathogenesis to treatment

Chairs: S. Loukides, P. Bakakos, G. Hillas

- The effect of allergic rhinitis and nasal polyps on asthma control: A. Papaioannou
- Triple therapy or biologics for patients with ashtma uncontrolled on ICS/LABA: K. Kostikas

Discussants: K. Porpodis, K. Karagiannis

20:15 - 20:45 Satellite lecture



20:45 - 21:15 GRAND DEBATE: Antifibrotics in all stages in SSC-ILD

Chairs: K. Antoniou, A. M. Hoffman-Vold

PRO: Oliver Distler CON: Athol Wells

21:15 - 21:45 Keynote Lecture

Chairs: K. Antoniou, S. Schiza

Aspects of Quality of life in lung cancer care: ERS Guidelines:

J. Chorostowka

SUNDAY 2 JULY 2023

09:00 - 10:30	Session 1: Primary Care & Respiratory Medicine
	Chairs: G. Meletis, A. Damianaki, E. Ferdoutsis
	 Cases presentation: E. Vakouti, S. Vittorakis, E. Vlachaki, A. Solakis, C. Protopapadakis, M. Varoucha, E. Argiana, G. Stathakis, S. Viziriannaki, K. Symvoulaki, A. Matheou, N. Bizymi
10:30 - 11:00	Chair: T. Vassilakopoulos
	 What does RSV mean for patients with respiratory conditions: the role of the Pulmonologist: N. Tzanakis ILAs: Red flags in ILDs: S. Tomassetti
11:00 - 11:30	Chairs: K. Antoniou, A. M. Hoffmann-Vold
	IPAF? Is it a Clinical Diagnosis?
	PRO: S. Tomassetti CON: A. Wells
11:30 - 12:00	Special Lecture:
11:50 - 12:00	Chair: A. Wells
	• Lymphoproliferative diseases of the Lung: V. Poletti
12:00 - 12:30	Session 2: Novel insights in ILDs
	Chairs: A. Wells, K. Antoniou
	CTD-ILD and the ERS-EULAR Guidelines: O. Distler
	 EULAR and Respiratory Medicine:novel insights: A.M. Hoffmann-Vold
12:30 - 13:00	Coffee Break
13:00 - 14:30	Respiratory Medicine meets other disciplines Chair: G. Kochiadakis
	• The role of PET in Respiratory Diseases: S. Koukouraki
	Eye involvement in Sarcoidosis: S. Detorakis
14:30 - 15:00	Primary Care and Respiratory Medicine Chairs: N. Tzanakis, C. Lionis
	• Frailty and Chronic Respiratory Diseases: I. Tsiligianni
	 The emerging role of Occupational Medicine: E. Nena

ΠΡΟΓΡΑΜΜΑ ΔΟΡΥΦΟΡΙΚΩΝ ΔΙΑΛΕΞΕΩΝ / ΣΥΜΠΟΣΙΩΝ

ΠΑΡΑΣΚΕΥΗ 30 ΙΟΥΝΙΟΥ 2023

Δορυφορική Διάλεξη Guidotti Hellas 17:30 - 18:00

Η σημασία του σταθερού δοσολογικού σχήματος

στη θεραπεία του άσθματος

Προεδρείο: Νικόλαος Τζανάκης, Σοφία Σχίζα

Ομιλητής: Μιλτιάδης Μαρκάτος

19:30 - 20:00 Δορυφορική Διάλεξη



Διαχείριση ασθενών με πνευμονική ίνωση στην καθ' ημέρα

κλινική πράξη

Προεδρείο: Σοφία Σχίζα

Ομιλήτρια: Αικατερίνη Αντωνίου

20:00 - 20:30 Δορυφορική Διάλεξη



Εστιάζοντας στην ποιότητα ζωής των ασθενών με ΧΑΠ: Σημασία χορήγησης βρογχοδιαστολής 2 φορές την ημέρα

Προεδρείο: Στυλιανός Λουκίδης Ομιλητής: Δημήτριος Τουμπανάκης

ΠΡΟΓΡΑΜΜΑ ΔΟΡΥΦΟΡΙΚΩΝ ΔΙΑΛΕΞΕΩΝ / ΣΥΜΠΟΣΙΩΝ

ΣΑΒΒΑΤΟ 1 ΙΟΥΛΙΟΥ 2023

12:00 - 13:00 Δορυφορικό Συμπόσιο



Improving patient's engagement and management with digital solutions

Chairpersons: Anita Simonds, Konstantinos Kostikas

- How digital solution can help to improve CPAP patient's engagement?: Sophia Schiza
- Remote management of NIV with AirView for Ventilation:

13:00 - 14:00 Δορυφορικό Συμπόσιο GSK

Multidisciplinary approach of T2-high inflammation:

The example of Crete in the treatment of:

Chair: Aikaterini Antoniou

Severe Asthma

Speaker: Aikaterini Antoniou

Chronic Rhinosinusitis with Nasal Polyps

Speaker: Alexandros Karatzanis

EGPA

Speaker: George Bertsias

• Hyper-eosinophilic Syndrome Speaker: Christina Kalpadaki

14:00 - 14:30 Δορυφορική Διάλεξη



Pirfenidone in 2023: work in progress

Προεδρείο: Ζωή Δανιήλ Ομιλήτρια: Αικατερίνη Αντωνίου

14:30 - 15:00 Δορυφορική Διάλεξη



Στοχεύοντας στη φλεγμονή της ΧΑΠ Προεδρείο: Νικόλαος Τζανάκης **Ομιλητής:** Επαμεινώνδας Κοσμάς

ΠΡΟΓΡΑΜΜΑ ΔΟΡΥΦΟΡΙΚΩΝ ΔΙΑΛΕΞΕΩΝ / ΣΥΜΠΟΣΙΩΝ

ΣΑΒΒΑΤΟ 1 ΙΟΥΛΙΟΥ 2023

17:00 - 18:00	Δορυφορικό Συμπόσιο	AstraZeneca 🕏
17:00 - 17:30	Benralizumab in Severe Asthma: from bench to real life data Chair: Nikolaos Tzanakis Speaker: Stylianos Vittorakis	
17:30 - 18:00	Important outcomes of Budesonide/glycopyrronium/ formoterol triple therapy for improving COPD management Chair: Theodoros Vasilakopoulos Speaker: Sofia Schiza	
18:00 - 19:00	Δορυφορικό Συμπόσιο	⊙ Chiesi
	Αποφρακτικά νοσήματα: εστιάζοντας στον ασθενή Συντονιστής/Πρόεδρος: Πέτρος Μπακάκος	
	• ΧΑΠ και συνοδά καρδιαγγειακά νοσήματα: αλλάζει η θεραπεία; Γεώργιος Χειλάς	
	• Εξελίξεις στους συνδυασμούς σταθερής δόσης: ευελιξία στη θεραπεία του άσθματος: Αθηνά Γόγαλη	
20:15 - 20:45	Δορυφορική Διάλεξη	Menarini Hellas
	Πρόεδρος /Συντονιστής: Νι	κόλαος Τζανάκης
	Έλεγχος του άσθματος: Εστι	άζοντας στην συμμόρφωση

του ασθενή στην θεραπεία. Ομιλήτρια: Αικατερίνη Αντωνίου



SHARE CONGRESS
Science in Heraklion
Awareness in Respiratory
and Sleep Evolution
27 - 30 June 2024
HERAKLION CRETE

SAVE THE DATE



FACULTY

Aggelaki S. Professor of Medical Oncology, Medical School,

University of Crete

Aidinis V. PhD, Researcher A, Biomedical Sciences, Alexander Fleming

Center, Athens

Alexopoulou C. Consultant in Intensive Care Unit, University Hospital

of Heraklion. Greece

Aliberti S. Professor in Respiratory Medicine, University of Milan, Italy

Antoniou K. Professor of Respiratory Medicine, University of Crete,

Molecular & Cellular Pneumonology Laboratory, Department of Respiratory Medicine, University Hospital of Heraklion,

Greece, ERS Assembly 12 Head

Argiana E. Pulmonologist, Tuberculosis Specialist, Heraklion Crete

Avgoustidis N. Rheumatologist, Clinic of Rheumatology-Clinical Immunology,

University Hospital, Heraklion - Crete

Bakakos P. Professor of Pulmonology, National and Kapodistrian

University of Athens

Barbagianni H. Biomedical Sciences Researcher, Alexander Fleming Center,

Athens

Basta M. Associate Professor of Psychiatry, Medical School, University

of Crete

Bertsias G. Associate Professor of Rheumatology-Clinical Immunology,

University Hospital of Heraklion, University of Crete

Bibaki E. Consultant in Respiratory Medicine, University Hospital of

Heraklion

Bizymi N. Resident of Respiratory Medicine, University Hospital of

Heraklion, Crete

Bonsignore M. R. MD, FERS, Associate Professor in Respiratory Medicine,

PROMISE Dept, University of Palermo, Palermo, Italy

Bouloukaki I. MD, PhD, Primary Care Consultant in the Greek NHS,

Somnologist, Expert in Sleep Medicine, Sleep Disorders

Center, Department of Respiratory Medicine,

University of Crete

Boutou A. Consultant of Respiratory Medicine, "G. Papanikolaou" General

Hospital of Thessaloniki

Chorostowska J. Professor, MD PhD DSc Head of Department of Genetics and Clinical Immunology, National Institute of Tuberculosis and Lung Diseases, Past Secretary General of the European Respiratory Society 2019-2022

Corlateanou A. MD, PhD, Dr. habil., Professor, Head of Department of Pneumology and Allergology, Nicolae Testemitanu State University of Medicine and Pharmacy, Chisinau, Moldova

Damianaki A. Pulmonologist MD, MSc, PhD Head of Pulmonary and Sleep Medicine Department, General Hospital of Chania, Crete

Daniil Zoe Professor in Respiratory Medicine, Department of Respiratory Medicine, (University Hospital of Larissa, Greece), Faculty of Medicine, School of Health Sciences, University of Thessaly, Larissa - Greece

Detorakis E. Professor of Ophthalmology, Medical School, University of Crete

Distler O. Professor of Rheumatology, University of Zurich, Head of the Department of Rheumatology at the University Hospital Zurich, Switzerland

Fanaridis M. Consultant of Respiratory Medicine, University Hospital of Heraklion, Crete

Ferdoutsis E. Consultant of Respiratory Medicin ,"Venizeleio" Hospital, Heraklion. Crete

Gogali A. MD, PhD, Consultant in Respiratory Medicine, University Hospital of Ioannina, Greece

Gourgoulianis K. Professor of Respiratory Medicine, Medical School, University of Thessaly, Head of the Clinic of Respiratory, University of Thessaly

Hardavella G. MD, MSc, PhD, Consultant Chest Physician "Sotiria" Athens Chest Diseases Hospital, Chair, Lung Cancer Group ERS, Chair Lung Cancer Group HTS

Hillas G. MD, PhD, Consultant in Respiratory medicine, 5th Pulmonary Department, "Sotiria" Chest Diseases Hospital, Athens, Greece,

Coordinator - COPD Working Group, HTS

Hoffmann-Vold A M. Head of the strategic area of inflammatory and fibrotic diseases, Oslo University Hospital (OUH), Oslo, Norway

Kalpadaki C. Associate Professor of Hematology-Laboratory Hematology, University Hospital of Heraklion, University of Crete

Karatzanis A. Associate Professor of Otolaryngology, University Hospital of Heraklion, University of Crete

Kalomenidis I. Associate Professor of Respiratory Medicine, Medical School,

University of Athens, "Evangelismos" Hospital, Athens

Karagiannis K. Pulmonologist, Venizeleio Hospital of Heraklion

Karantanas A. Professor of Radiology, University of Cret, Chair "Dpt of Medical

Imaging, Heraklion University Hospital

Kochiadakis G. Professor of Cardiology, Medical School, University of Crete

Kofteridis D. MD, PhD, Professor of Internal Medicine - Infections Diseases,

Medical School, University of Crete

Kondili E. Professor of Intensive Care Medicine, Medical School, University

of Crete

Kontakiotis Th. Professor of Respiratory Medicine and Director of Respiratory

Medicine Department, Aristotle University of Thessaloniki, Greece

Kosmas E. MD, PhD, FCCP, Scientific Director, Athens Lung Institute, Director

of Department of Respiratory Medicine & Head of Pneumonology

Section, Metropolitan Hospital, Athens, Greece

Kostikas K. Professor of Respiratory Medicine, University of Ioannina, Head

Respiratory Medicine Department, University Hospital of

Ioannina, Greece

Koukouraki S. Professor of Nuclear Medicine, Medical School University of Crete

Lambiri I. Consultant of Respir. Medicine, University Hospital of Heraklion

Larsen L. ResMed Europe, Senior Manager Clinical Education

Lionis C. Professor of General Practice and Primary Health Care at the

School of Medicine, Head of the Clinic of Social and Family

Medicine, University of Crete

Loukides S. Respiratory Medicine National and Kapodistrian University of

Athens Medical School, 2nd Respiratory Department, Attiko

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